



4301 Highway 290 Hot Springs, AR 71913

501.262.2600

| www.tanako.org

SAMPLE RETREAT ITINERARY

Friday

- 5:00 PM Arrive-Registration/Check into Cabins
- 5:30 PM Gather in TLC for Welcome from Camp Staff/Ice Breakers
- 5:50 PM Group Picture
- 6:00 PM Dinner in Dinning Hall
- 7:00 PM General Session in TLC
- 7:45 PM Night Swim or *Small Groups/Outdoor Games*
- 9:00 PM S'mores at Fire Pit
- 10:00 PM Cabin Small Group

Saturday

- 8:00 AM Breakfast in Dinning Hall
- 8:45 AM General Session in TLC
- 9:30 AM Team Building Activity (Ropes Course)
- 10:30 AM Canteen (snack time)
- 11:00 AM Small Groups in TLC
- 12:00 PM Lunch in Dinning Hall
- 1:00 PM Team Building (Kayaking/Paddle Boards) or *Scavenger Hunt or Team Olympics*
- 3:00 PM Canteen (snack time)
- 3:15 PM Small Groups in TLC
- 4:00 PM General Session in TLC
- 5:30 PM Dinner in Dinning Hall
- 6:30 PM General Session in Chapel or *TLC*
- 7:00 PM Evening Activity
- 8:30 PM S'mores at Fire Pit
- 9:30 PM Cabin Small Group

Sunday

- 7:45 AM Pack to go Home
- 8:00 AM Breakfast in Dinning Hall
- 8:45 AM General Session in TLC
- 9:30 AM Team Building Activity (Ropes Course)
- 10:30 AM Closing Remarks in TLC
- 11:00 AM Depart

TANAKO...a place set apart!